



## MR UMAR DARAZ KHAN

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### PROFILE

I have been working exclusively in the private sector for ten years and have performed more than 7000 aesthetic surgical procedures to date. I have built an enviable reputation with both my clients and peers within the field of aesthetic and plastic surgery. I have pioneered the new [muscle splitting breast augmentation technique](#), which was published just three years ago, and which has now been adopted world-wide by cosmetic and aesthetic surgeons in this field. A video explaining the technique can be seen on [YouTube](#).

Having resolved to pursue a career in plastic surgery, I went to Ireland to train towards a Fellowship in General Surgery and gained experience in Plastic Reconstructive surgery. An opportunity subsequently presented itself in England, which I took and obtained further training in Plastic Surgery as a Specialist Registrar. After completing five years of training at specialist registrar level, I had an opportunity to work in National Health Trust and gained experience in aesthetic plastic surgical procedures. I later chose to work in the private sector. As an aesthetic plastic surgeon working in the private sector, my work load includes aesthetic procedures such as face lift, rhinoplasties, breast augmentation, breast reduction, breast uplift, blepharoplasties, browlift, abdominoplasties, liposuction etc. Active participation and presentations form an integral part of the career as an aesthetic and plastic surgeon, and I am currently a peer reviewer of many prestigious plastic surgery journals. A list of my publications can be found on [NCBI](#). My articles have appeared in publications including [Aesthetic and Plastic Surgery](#), [Aesthetic Surgery](#), [Plastic and Reconstructive Surgery Journal](#), and the [European Journal of Plastic Surgery](#).

### PUBLICATIONS

- Low Risk Primary Augmentation Mammoplasty and Capsular Contracture using Textured Round Cohesive Silicone Gel implants Revisited. A Long Term Follow Up in a Single Surgeon'S Practice | Khan UD | Pak Jour Plast Surg | 2017 | 5:6-19
- Transpalpebral Periosteal Sutures for Unilateral and Bilateral Browpepy | Khan UD, Riaz M. | Pakistan Journal of Plastic Surgery | 2016 | 4:12-17
- Preoperative planning and breast implant selection for volume difference management in asymmetrical breasts | Khan UD | Plast Aesthet Res | 2017 | 4:108-15
- An Overview of the Aesthetic Surgery of the Breast | Khan UD Editorial | Plast Aesth Research (In Press)
- Augmentation Mastopexy and Augmentation Mammoplasty: An Analysis of 1,406 Consecutive Cases | Khan UD | Aesth Plast Surg (In Press)
- Pathogenesis of Late Breast Autoinflation Following Augmentation Mammoplasty: Case Series Report of Three Late Autoinflation of Breast due to Seroma and Literature Search | Khan UD | Aesth Plast Research (In Press)
- A Long Term Review of Augmentation Mastopexy in Muscle Splitting Biplane | Khan UD | Aesth Plast Research (In Press)
- Use of Multiplane Internal Mastopexy for Ptosis Correction Revision Augmentation Mammoplasty | Khan UD | Aesth Plast Research (In Press)

- Inferior Dermoglandular Flap for Autologous Breast Remodeling following Explantation of Breast Implants in Ptotic Breasts: A Case Report and Literature Search | Khan UD | Aesth Plast Research | 2015 2: 81-84 | [Link](#)
- Review of Implant Sizes in 164 Consecutive Asymmetrical Augmentation Mammoplasties | Khan UD | Eur J Plast Surg | 2014 37:273-280 | [Link](#)
- The Impact of Preoperative Breast Implant Selection on the 3-year Reoperation Rate | Khan UD | Aesth Plast Surg | Eur J Plast Surg | 2013 36:503-510 | [Link](#)
- Poly Implant Prothese (PIP) Incidence of Device Failure and Capsular Contracture. A Retrospective Comparative Analysis | Khan UD | Aesth Plast Surg | 2013 Oct 37(5):906-13 | [Link](#)
- Suction Assisted Lipectomy (SAL) For Body Contouring. Infiltration and Aspiration Ratios Revisited | Khan UD | Eur J Plast Surg | 2013 36:359-366 | [Link](#)
- Use of Nipple Areolar Complex to Inframammary Crease Measurements to Reduce Bottoming out following Augmentation Mastopexy | Khan UD | New Frontiers in Aesthetic Breast Surgery | Schiffman MA (Eds) | Aest Surg of the Breast, 1st Edn. | Springer-Verlag | [Link](#)
- Subglandular to Muscle Splitting Biplane conversion for Revision Augmentation Mammoplasty | Aesthetic Surgery of the Breast, 1st Edn. | Springer-Verlag | Khan UD | Editor M. Schiffman (USA) | 2014 | [Link](#)
- Muscle Splitting, Subglandular and Partial Submuscular Augmentation Mammoplasties. A twelve year retrospective analysis of 2026 Primary Cases | Khan UD | Aesth Plast Surg | April 2013 37(2):290-302
- Breast Expansion in Augmentation Mammoplasty: Comparative Data Analysis in Submuscular and Subglandular Plane | Khan UD | J Muhammad Med Coll | 3(1) p8-10 | 2012 | [Link](#)
- Breast Augmentation: Procedure, Complications & Treatment | J Muhammad Med Col | 3(1) p12-19 | 201
- Multiple Pseudocysts Following Application of Progressive Tension Sutures. A Case Report and Literature Search | Khan UD | J Muhammm Med Coll II
- Open Tangential Excision of Gynecomastia. A Surgical Option for Revision Gynecomastia Surgery. Case report and literature search | Khan UD | J Muhammm Med Coll I
- Suction Assisted Lipectomy (SAL) For Body Contouring. Infiltration and Aspiration Ratios Revisited | Khan UD | Eur J Plast Surg (In Press)
- Muscle Splitting, Subglandular and Partial Submuscular Augmentation Mammoplasties. A twelve year retrospective analysis of 2026 Primary Cases | Khan UD | Aesth Plast Surg | May 2012 32:4 | [Link](#)
- Breast Expansion in Augmentation Mammoplasty: Comparative data analysis in Submuscular and Subglandular Plane | Khan UD | J Muhammad Med Coll | 3(1) p8-10 | 2012
- Breast Augmentation: Procedure, Complications & Treatment | J Muhammad Med Col | 3(1) p12-19 | 2012
- Bipedicle Vertical Scar Mastopexy for Ptotic Breast. Advance Aesthetic Breast Surgery: Principal and Personal Techniques | Khan UD | (In Press)
- Multiple Pseudocysts Following Application of Progressive Tension Sutures. A Case Report and Literature Search | Khan UD | J Muhammad Med Coll II
- Open Tangential Excision of Gynecomastia. A Surgical Option for Revision Gynecomastia Surgery. Case report and literature search | Khan UD | J Muhammad Med Coll II
- Secondary Augmentation Mammoplasties and Periprosthetic Infection. A Three Year Retrospective Review of 92 Secondary Mammoplasties Performed by a Single Surgeon | Khan UD | Aesthetic Surg Journal | [Link](#)
- High Transverse Capsuloplasty for the Correction Malpositioned Implants Following Augmentation Mammoplasty in Partial Submuscular Plane | Khan UD | Aesth Plast Surg | June 2012 36:590-599 | [Link](#)
- Seroma Formation Following Abdominoplasty: A Retrospective Clinical Review Following Three Different Techniques | Khan UD | Aesthetic Plastic Surgery | [Link](#)

- Vertical Scar Mastopexy with a Cat's Tail Extension for Prevention of Skin Redundancy: An Experience with 17 Consecutive Cases After Mastopexy and Mastopexy with Breast Augmentation | Khan UD | Aesthetic Plastic Surgery | [Link](#)
- Breast and Chest Asymmetries: Classification and Relative Distribution of Common Asymmetries in Patients Requesting Augmentation Mammoplasty | Khan UD | European Journal of Plastic Surgery | In Press | [Link](#)
- Implant Rupture and Ante-grade Excision of Axillary Siliconoma through Implant Pocket. A case report and Literature search | Khan UD | JMMC - Journal of Muhammad Medical College | 1:56-60. 2010 | [Link](#)
- PIP Implants Investigated | Khan UD | Cosmetic Surgery and Aesthetic Guide | 12:128-9.2010 | [Link](#)
- Multiplane Technique for Simultaneous Submuscular Breast Augmentation and Internal Glandulopexy Using Inframammary Crease Incision in Selected Patients with Early Ptosis | Khan UD | European Journal of Plastic Surgery | In Press
- Back to front Flipping of Implants Following Augmentation Mammoplasty and the Role of Physical Characteristics in a Round Cohesive Gel Silicone Breast Implant. Retrospective Analysis of 3458 Breast Implants by a Single Surgeon | Khan UD | Aesth Plast Surg | In Press
- Augmentation Mammoplasty in Breasts with Port-wine Stains. Are These Patients at Increased Risk of Haematoma? | Khan UD | Aesth Plast Surg | In Press
- Combining Muscle Splitting Biplane with Multilayer Capsulorrhaphy for the Correction of Bottoming Down Following Subglandular Augmentation | Khan UD | European Journal of Plastic Surgery | [Link](#)
- Breast Augmentation, Antibiotic Prophylaxis and Infection: Comparative Analysis of 1628 Primary Augmentation Mammoplasties to Assess the Role and Efficacy of Length of Antibiotic Prophylaxis | Khan UD | Aesth Plast Surg | [Link](#)
- Augmentation Mastopexy in Muscle Splitting Biplane: An Outcome of First 44 Consecutive Cases of Mastopexies in a New Pocket | Khan UD | Aesth Plast Surg | [Link](#)
- Selection of Breast Pocket Using Pinch Test in Augmentation Mammoplasty: Can it be Relied in Long Term? | Khan UD | Aesth Plast Surg. 33: 780-781, 2009 | [Link](#)
- Correction of Acquired Symmastia with Muscle-Splitting Biplane Implant Replacement | Khan UD | Aesth Plast Surg | 2009 | [Link](#)
- Dynamic Breasts: A Common Complication Following Partial Submuscular Augmentation and its Correction Using Muscle splitting Biplane Technique | Khan UD | Aesth Plast Surg | 2009 | [Link](#)
- Breast Augmentation in Asymmetrically Placed Nipple-Areola Complex in the Horizontal Axis: Lateralisation of Implant Pocket to Offset Lateralised Nipples | Khan UD | Aesth Plastic Surg | 2009 | [Link](#)
- Selection of Breast Pocket Using Pinch Test in Augmentation Mammoplasty: Can it be Relied in Long Term? | Khan UD | Aesth Plast Surg | 2009 | [Link](#)
- Mondor's Disease : A Review of the Literature and a Case Report | Khan UD | Aesth Surg Jour | [Link](#)
- Breast Autoinflation with Sterile Pus as a Marker of Implant Rupture: Single Stage Treatment and Outcome of Five Consecutive Cases | Khan UD | Aesthetic Plast Surg. 33: 58-65, 2008 | [Link](#)
- Risk of Seroma in Simultaneous Liposuction with Abdominoplasty and Role of Progressive Tension Sutures | Khan UD | Aesth Plast Surg. 32: 93-99.2008 | [Link](#)
- Bilateral Areolar Depigmentation after Augmentation Mammoplasty. A Case Report and Literature Search | Khan UD | Aesth Plast Surg. 32: 143-146.2008 | [Link](#)
- Use of the Rectus Sternalis in Augmentation Mammoplasty: Case Report and Literature Search | Khan UD | Aesth Plast Surg. 32: 21-24.2008 | [Link](#)
- Incidence Of Mondors' Disease in Breast Augmentation: A Retrospective Study of 2,052 breast using Inframammary Incision | Khan UD | Plastic and Reconstructive Surgery, Aug 2008 | [Link](#)

- Left Unilateral Breast Autoinflation and Intraprosthetic Collection of Sterile Pus: An Unusual Operative Finding of Silicone Gel Bleed With Silicone Lymphadenitis | Khan UD | Aesth Plast Surg 32: 684-687.2008 | [Link](#)
- An Assessment of Symptomatic Relief after Carpal Tunnel Release in Patients on Hemodialysis | Khan UD | Nephron Clin Pract | 110: 264-267.2008 | [Link](#)
- Reliability of Hand Held Doppler in Planning Local Perforator Based Flaps on Extremities | Khan UD and Miller JG | Aesth Plast Surg.31: 521-525.2007 | [Link](#)
- Muscle Splitting Breast Augmentation. A New pocket in a Different Plane | Khan UD | Aesth Plast Surg 31: 553-558.2007 | [Link](#)
- Vertical Scar Bipedicle Technique. A Modified Procedure for Breast Reduction and Mastopexy | Khan UD | Aesth Plast Surg. 31: 337-342.2007 | [Link](#)
- Pseudocyst formation after abdominoplasty combined with liposuction | Keramidas E, Rodopoulou, and Khan UD | Aesth Plast Surg 28: 400-402.2006 | [Link](#)
- The Ballooning Manoeuvre in Breast Augmentation | Keramidas E and Khan UD | Plast Reconstr Surg 115: 1795.2005
- Bipedicle Flaps: Simple Solutions for Difficult Problems in the Extremities | Dujon DG, Khan UD and Aslam S | Br J Plast Surg. 50:641-645. 1997 | [Link](#)
- Vertical Scar Bipedicle Technique: A Modified Procedure for Breast Reduction and Mastopexy | Khan UD | Aesth Plast Surg. 31: 337-342.2007 | [Link](#)
- Palm Sensation | Khan UD and Brotherston TM | Plast Reconstr Surg 100: 1621.1997 | [Link](#)
- Traumatic Aneurysm of Digital Artery - A Diagnostic Problem | Khan UD and Page RE | International Journal of the Injured | 29: 727-729.1998 | [Link](#)
- The Use Doppler in Planning First Dorsal Metacarpal Artery Flap | Khan U D, Keramidas E, Miller JG | Pak Jour Plast Surg 14: Feb 2007
- Use of Skin Grafts in the Resurfacing of Soft Tissue Defects | Khan UD, Durrani KM | Specialist Quarterly Pakistan. 51: 21-24.1989

## PRESENTATIONS

- Use of muscle splitting biplane in primary and revisionary Surgery. Oct, 2017 | Hellenic Society of Plastic Reconstructive and Aesthetic Surgery | Athens | Greece
- Suction Assisted Arm, Thigh and Face lift | Oct, 2017 | Hellenic Society of Plastic Reconstructive and Aesthetic Surgery | Athens| Greece
- Transpalpebral Brow Lift. 19 Oct, 2017. Hellenic Society of Plastic Reconstructive and Aesthetic Surgery. Athens Greece
- Dogane Educational Event CME Meeting | Dow Graduates Association of Northern Europe |16 September, 2017 | London | UK
- Buttock Elastic Lifting | International Theoretical Practical Live Course | Trento Italy Nov 25, 2017
- Aesthetic Plastic Surgery; An overview and Range | Dec 26, 2017 | Dow University of Health Sciences. Karachi. Pakistan
- Aesthetic Plastic Surgery; An overview and Range | Dec 28, 2017 | Hamdrad University Hospital. Karachi. Pakistan

- Unilateral and Bilateral Transpalpebral Browpexy | IMCAS China | April 10-12, 2015 | [Link](#)
- Use of Multiplane Internal Mastopexy For Ptosis Correction in Revision Augmentation Mammoplasty | IMCAS China | April 10-12, 2015 | Shanghai | China | [Link](#)
- Textured Round Cohesive Gel Silicone Implants And Capsular Contracture-Incidence And Causes In A Long Term Follow-up By A Single Surgeon | IMCAS China | April 10-12, 2015 | Shanghai | China | [Link](#)
- Review Of Implant In 164 Consecutive Asymmetrical Augmentation Mammoplasties | IMCAS China | April 10-12, 2015 | Shanghai | China | [Link](#)
- Abdominoplasty & Liposuction Chair | IMCAS China | April 10-12, 2015 | Shanghai | China | [Link](#)
- Blood Supply of Abdominal Wall And Use Of Angiosomal Concept In Saldanha Lipoabdominoplasty | IMCAS China | April 10-12, 2015 | Shanghai | China | [Link](#)
- Use of Multiplane Internal Mastopexy For Ptosis Correction in Revision Augmentation Mammoplasty | IMCAS | Jan 29-Feb 1, 2015 | Paris | France | [Link](#)
- Use of Muscle Splitting Biplane for Primary and Secondary Augmentation Mammoplasties | IMCAS | Jan 29-Feb 1, 2015 | Paris | France | [Link](#)
- Unilateral and Bilateral Transpalpebral Browpexy | IMCAS | Jan 29-Feb 1, 2015 | Paris | France | [Link](#)
- Review Of Implant In 164 Consecutive Asymmetrical Augmentation Mammoplasties | IMCAS | Jan 29-Feb 1, 2015 | Paris | France | [Link](#)
- Use of Multiplane Internal Mastopexy For Ptosis Correction in Revision Augmentation Mammoplasty | IMCAS Asia | 2014 | Hong Kong | [Link](#)
- Unilateral and Bilateral Transpalpebral Browpexy | IMCAS | Asia | 2014 | Hong Kong | [Link](#)
- Use of Muscle Splitting Biplane for Primary and Secondary Augmentation Mammoplasties | IMCAS | Asia | 2014 | Hong Kong | [Link](#)
- Use of Multiplane Internal Mastopexy For Ptosis Correction in Revision Augmentation Mammoplasty | Cosmetology and Trichology | 21 July, 2014 | Las Vegas
- Use of muscle splitting biplane in Primary and Revisionary Breast Augmentation and Augmentation with Mastopexy | Cosmetology and Trichology | 21 July, 2014 | Las Vegas
- Chair: Breast Complications | IMCAS | ASIA | July 27-29, 2013 | Singapore
- Vertical Scar Mastopexy with Cat's Tail Extension for Prevention of Skin Redundancy | IMCAS | 6.10.12 | Hong Kong | [Link](#)
- PIP (Poly Implant Prothese) Incidence of Device Failure and Capsular Contracture. A retrospective comparative Analysis | Khan UD | IMCAS | 6.10.12 | Hong Kong | [Link](#)
- Chair Buttock Remodelling | Khan UD | IMCAS | 6.10.12 | Hong Kong | [Link](#)
- Suspending Threads. Myths and Reality | Khan UD | IMCAS | 6.10.12 | Hong Kong | [Link](#)
- Breast Remodelling | Khan UD | IMCAS | 6.10.12 | Hong Kong | [Link](#)
- Three Year Reoperation Rate in Cohesive Gel Silicone Implants in Augmentation Mammoplasties | Khan UD | IMCAS 4.10.12 | Hong Kong | [Link](#)
- Suction Assisted Lipectomy (SAL) for Body Contouring. Infiltration Aspiration Ratios Revisited | Khan UD | IMCAS | 6.10.12 | Hong Kong | [Link](#)
- Subglandular, Partial Submuscular and Muscle Splitting Augmentation Mammoplasties. A twelve year retrospective analysis of 2026 Primary Augmentation Mammoplasties using three different techniques by a Single Surgeon | Khan UD | IMCAS | 4.10.12. Hong Kong | [Link](#)

- High Transverse Capsuloplasty for the Correction of Malposition Implants | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- Subglandular, Partial Submuscular and Muscle Splitting Augmentation Mammoplasties. A twelve year Retrospective Analysis of 2026 Primary Augmentation Mammoplasties using three different techniques by a Single Surgeon | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- Abdominoplasty and Seroma Formation: A Retrospective Clinical Review Following Three Techniques | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- Chaired Assisted Liposuction | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- Chaired Breast Implants | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- Vertical Scar Mastopexy with Cat's Tail Extension for Prevention of Skin Redundancy | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- Cohesive Gel Silicone Implants in Augmentation Mammoplasties | Khan UD | IMCAS | 28-29 July 2012 | Shanghai China | [Link](#)
- PIP Implants Investigated | Cosmetic Surgery and Aesthetic Guide | Khan UD | 12:128-9.2010. [Link](#)
- Selection to Avoid Complications (Invited Lecture) | Khan UD | IMCAS | Singapore Asia | July 17-19, 2011 [Link](#)
- Assisted Liposuction and Abdominoplasty - Where are We? (Invited Lecture) | Khan UD | IMCAS | Singapore Asia | July 17-19, 2011 | [Link](#)
- Details that Make the Difference (Chair) | Khan UD | IMCAS | Singapore Asia | July 17-19, 2011 | [Link](#)
- Use of Muscle Splitting Biplane in Primary and Revision Breast Augmentation and Augmentation with Mastpexy | Khan UD | IPRAS | Vancouver Canada | Feb 22-27, 2011 | [Link](#)
- Use of Muscle Splitting Biplane in Primary and Revision Breast Augmentation and Augmentation with Mastpexy | Khan UD | IPRAS | Vancouver Canada | Feb 22-27, 2011 | [Link](#)
- Poly Implant Prothese: Rupture, Presentation, Investigation and Management | Khan UD | IPRAS | Vancouver Canada | Feb 22-27, 2011 | [Link](#)
- Blood Supply of Abdominal Wall and Use of Angiosomal Concept to Maximise Abdominal Flap Safety in Saldanha Lipoabdominoplasty | Khan UD | Annual Congress - Pakistan Association Plastic Surgeons | Hyderabad | February 10-12, 2011
- What is an Ideal Infiltration-Aspiration Ratio: A Retrospective Assessment for Body Contouring Using Suction Assisted Lipectomy of Nine Body Regions | Khan UD | Annual Congress - Pakistan Association Plastic Surgeons | Hyderabad | February 10-12, 2011
- Primary and Revisionary Surgery in Muscle Splitting Biplane | Khan UD | Annual Congress. Pakistan Association Plastic Surgeons | Hyderabad | February 10-12, 2011 | [Link](#)
- Primary and Revisionary Surgery in Muscle Splitting Biplane | Khan UD | Dogane Annual Scientific Meeting | London September 26th 2010 | [Link](#)
- Mastopexy With Augmentation in Muscle Splitting Biplane | Khan UD | ISAPS 2010 San Francisco | California. August 14-18, 2010 | [Link](#)
- Dynamic Breast Deformity Following Submuscular Augmentation and its Correction using Muscle Splitting Biplane | Khan UD | ISAPS 2010 San Francisco, California | August 14-18, 2010 | [Link](#)
- Open Debates with Experts – Suspending Threads | Khan UD Arbiter | Hong Kong | IMCAS Asia | July 10-12, 2010 | [Link](#)
- Abdominal Flap Safety Maximisation: Blood Supply and Angiosomal Concept in Sladhanha Lipoabdominoplasty | Khan UD | Hong Kong | IMCAS Asia 2010 | July 10-12, 2010 | [Link](#)



- Muscle Splitting Biplane in Primary and Revision Surgery | Khan UD | Hong Kong | IMCAS Asia | July 10-12, 2010 | [Link](#)
- SAL and Seroma Formation in Abdominoplasty. Comparative Analysis in Three Techniques | Khan UD | Hong Kong | IMCAS Asia | July 10-12, 2010 | [Link](#)
- Augmentation Mastopexy in Muscle Splitting Biplane in 59 Consecutive Cases | Khan UD | IMCAS 12TH Annual Congress Paris 2010 | [Link](#)
- Muscle Splitting Augmentation: First five Years Outcome of Over 1,000 consecutive Breast Augmentations | Khan UD | IMCAS 12TH Annual Congress Paris 2010 | [Link](#)
- Simultaneous Liposuction and Abdominoplasty: Comparative Analysis and Clinical Role of Skin Undermining and Progressive Tension Sutures on Seroma Formation in Three Different Techniques | Khan UD | IMCAS 12TH Annual Congress Paris 2010 | [Link](#)
- Breast Master Class Surgery with PerHeden | Stockholm, Sweden. 18-19 October 2019
- Simultaneous Liposuction and Abdominoplasty: Comparative Analysis and Clinical Role of Skin Undermining and Progressive Tension Sutures on Seroma Formation in Three Different Techniques | Invited Lecturer - Khan UD | European Congress on Anti-Ageing and Aesthetic Medicine Mainz Frankfurt 15-17 October 2009
- Dynamic Breast: A Common Complication Following Partial Submuscular Augmentation and its Correction Using Muscle Splitting Biplane Technique | Poster Presentation | Khan UD | ESPRAS 2009 Congress. Rhodes Greece
- Mastopexy with Augmentation in Muscle Spiting Biplane | Oral Presentation - Khan UD | ESPRAS 2009 Congress. Rhodes Greece
- Common Complications following Breast Augmentation | Khan UD | 4th International Joint Meeting of PAPS & PSSH, Lahore, Pakistan, February 23-27, 2009 | [Link](#)
- Abdominoplasty with Liposuction | Khan UD | 4th International Joint Meeting of PAPS & PSSH, Lahore, Pakistan, February 23-27, 2009 | [Link](#)
- Muscle-Splitting Breast Augmentation: A New Pocket in a Different Plane | Khan UD | SurgeryTec (Plastic/Cosmetic) | [Link](#)
- Vertical Scar with the Bipedicle Technique: Amodified Procedure for Breast Reduction and Mastopexy | Khan UD | SurgeryTec (Plastic/Cosmetic) | [Link](#)
- Risk of Seroma in Simultaneous Liposuction with Abdominoplasty and Role of Progressive Tension Sutures | Khan UD | SurgeryTec (Plastic/Cosmetic) | [Link](#)
- Mastopexy in Muscle-Splitting Biplane | Khan U D (Invited Lecturer) | IMCAS - International Masters Course on Ageing Skin, Agra, India, December 1-2, 2008 | [Link](#)
- Lateral Quadrant Skin Construction and Nipple Displacements in Horizontal Plane | Khan U D (Invited Lecturer) | IMCAS - International Masters Course on Ageing Skin, Agra, India, December 1-2, 2008 | [Link](#)
- Incidence of Common Breast and Chest Asymmetries in Augmentation Mammoplasties | Khan U D | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Split, Croatia October 01.05,2008 | [Link](#)
- Augmentopexy: A Multiplane Approach for Augmentation in a Ptotic Breast | Khan U D | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Split, Croatia, October 01-05, 2008 | [Link](#)
- Implant Malplacement and Submuscular Correction of Bottoming Down Following Subglandular Plane | Khan UD | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Split, Croatia, October 01-05, 2008 | [Link](#)

- Mastopexy with Augmentation in Muscle Splitting Biplane | Khan UD | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation Split, Croatia, October 01-05, 2008 | [Link](#)
- Lateral Quadrant Skin Constriction and Nipple Displacements in Horizontal Plane | Khan UD | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Split, Croatia, October 01-05, 2008 | [Link](#)
- Augmentopexy: A Multiplane Approach for Augmentation in a Ptotic Breast | Khan U D | 2nd International Symmetria Meeting - Athens, Greece 21-23 November 2008 | [Link](#)
- Muscle Splitting Augmentation: An Outcome of First 750 Consecutive Breast Augmentation Since October 2005 | Khan U D | 2nd International Symmetria Meeting - Athens, Greece 21-23 November 2008 | [Link](#)
- Mastopexy with Augmentation in Muscle Splitting Biplane - Invited speaker for tutorials in International Masters Course on Ageing Skin | Khan U D | IMCAS - Agra, India 01-02 December 2008 | [Link](#)
- Lateral Quadrant Skin Constriction and Nipple Displacements in Horizontal Plane - Invited speaker for tutorials in International Masters Course on Aging School | Khan U D | IMCAS - Agra, India 01-02 December 2008 | [Link](#)
- Aesthetic Surgery of Breast: Invited Speaker for Keynote Lecture | Khan UD | Annual Congress of Pakistan Association of Plastic Surgeons - Karachi Pakistan, Jan 27-29th March 2008
- Muscle Splitting Breast Augmentation: A new Pocket in a Different Plane | Khan UD | Electronic Presentation | ISAPS 19TH Congress, Melbourne, Australia, February 10-13, 2008
- Life Cell Breast Reconstruction Summit. Munich, Germany Dec 5-6 2007 | Chaired by Dr Scott L Spear (USA), Mr Khan was 1 of 7 Surgeons invited from all over the Europe, including Israel
- Muscle Splitting Biplane Submuscular Breast Augmentation - Accepted for Oral Presentation of an Original Technique | Khan UD | 1st Symposium of Kosovo Plastic, Reconstructive and Aesthetic Surgery with International Participation, November 9-11 2007
- Included as a panel member for the Breast Session | 1st Symposium of Kosovo Plastic, Reconstructive and Aesthetic Surgery with International Participation, November 9-11 2007
- Periareolar Mastopexy and Augmentation in Muscle Splitting Biplane - Accepted for Oral Presentation of an Original Technique | Khan UD | 1st Symposium of Kosovo Plastic, Reconstructive and Aesthetic Surgery with International Participation, November 9-11 2007
- Muscle Splitting Biplane Submuscular Breast Augmentation | Khan UD | 8th Annual Meeting - Vienna, Austria, September 13-16, 2007
- Invited as a Faculty | 8th Annual Meeting - Vienna, Austria, September 13-16, 2007
- Muscle Splitting Biplane Submuscular Breast Augmentation | Khan UD | The 14th International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery - Berlin, Germany, June 26-30, 2007
- Vertical Scar Bipedicle Technique for Breast Reduction and Mastopexy | Electronic presentation of an Original Technique | Khan UD | The 14th International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery - Berlin, Germany, June 26-30, 2007
- Vertical Scar Nipple Areolar Complex Transposition Procedure for Simultaneous Breast Augmentation and Mastpexy | Khan UD | The 14th International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery – Berlin, Germany, June 26-30, 2007
- Efficacy of progressive tension sutures to reduce seroma formation: A Retrospective Study of 128 consecutive Matarasso Type IV Abdominoplasties. Khan UD | The 14th International Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery – Berlin, Germany, June 26-30, 2007
- Lower Pole Enhancement in Augmentation Mammoplasty: Retrospective Study of 763 Consecutive Augmentation Mammoplasties | Electronic Presentation of an Original Work | Khan UD | The 14th International



Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery – Berlin, Germany, June 26-30, 2007

- Muscle Splitting Biplane Submuscular Breast Augmentation | Khan UD | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Opatijia-Rijeka, Croatia, October 6-11, 2006 | [Link](#)
- Vertical Scar Bipedicle Technique for Breast Reduction and Mastopexy | Khan U D | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation. Opatijia- Rijeka, Croatia, October 6-11, 2006 | [Link](#)
- Vertical Scar Nipple Areolar Complex Transposition procedure for Simultaneous Breast Augmentation and Mastpexy | Khan U D | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Opatijia-Rijeka, Croatia, October 6-11, 2006 | [Link](#)
- Efficacy of Progressive Tension Sutures to Reduce Seroma Formation. A Retrospective Study of 128 consecutive Matarasso Type IV abdominoplasties. | Khan U D | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Opatijia-Rijeka, Croatia, October 6-11, 2006 | [Link](#)
- Lower Pole enhancement in Augmentation Mammoplasty: Retrospective Study of 763 Consecutive Augmentation Mammoplasties | Khan U D | 6th Croatian Congress of Plastic, Reconstructive and Aesthetic Surgery with International Participation - Opatijia Rijeka, Croatia, October 6-11, 2006 | [Link](#)
- Vertical Scar Bipedicle Technique for Breast Reduction and Mastopexy | Khan U D | 4th Central European Advance Course - Prague, Czech Republic, 17-20 May 2006
- Vertical Scar Nipple Areolar Complex Transposition Procedure for Simultaneous Breast Augmentation and Mastpexy | Khan U D | 4th Central European Advance Course - Prague, Czech Republic, 17-20 May, 2006
- Efficacy of Progressive Tension Sutures to Reduce Seroma Formation: A Retrospective study of 128 consecutive Matarasso Type IV abdominoplasties | Khan U D | 4th Central European Advance Course - Prague, Czech Republic, 17-20 May 2006
- Lower Pole enhancement in Augmentation Mammoplasty. Retrospective Study of 763 consecutive augmentation mammoplasties | Khan U D | 4th Central European Advance Course - Prague Czech Republic, 17-20 May 2006
- Workshop “Career Guidance for Young Medical Graduates” Khan U D | Panel Discussion. Dec 28, 2005. Pakistan Medical Association | Karachi Pakistan
- Botulinum Toxin Treatment Medical and Cosmetic Uses | Khan U D | 2nd Annual Meeting of Dow Graduates Association of Northern Europe (CME Approved) - Birmingham, England, 1st October, 2005
- Vertical Scar Bipedicle Technique for Breast Reduction and Mastopexy | Khan U D | ESPRAS International Conference - Vienna, Austria, 30 August – 3 Sep 2005 | [Link](#)
- Vertical Scar NAC Transposition Procedure for Simultaneous Breast Augmentation with Mastopexy | Khan U D | ESPRAS International Conference - Vienna, Austria, 30 August - 3 September 2005
- Predicting Postoperative Breast Cup Size following Breast Augmentation + The Baloonining Manoeuvre in Breast Augmentation| Vangelis G. Keramidas, Khan U D | ESPRAS International Conference - Vienna, Austria, 30 August - 3 September 2005 | [Link](#)
- Seroma Prevention : An Audit of 83 consecutive Abdominoplasties | Khan U D, Mr Kullar | Clinical Symposium 2003, Dow University of Health Sciences - Karachi, Pakistan, Dec 22nd - 25th 2003
- Obesity and Liposuction | Khan U D | Dow Scientific Symposium - Birmingham, UK, 18.10.04
- Breast Enhancement: Is It One Operation for Every One? | Khan U D | Body Beautiful Show - London, UK, 26.10.04
- Higher Training Opportunities in The United Kingdom | Khan U D | Dow University of Health Sciences - Karachi, Pakistan, 21st December, 2004

- Reliability of hand held Doppler in planning Local skin flaps | Khan U D, McArthur P, Sherriff S, Ashurst H, Miller J G | Third International Course on Perforator Flaps - Munich, Germany, 12th to 14th November 99
- Extended Distally Based Dorsal Hand Flap | Khan UD, McArthur P, Miller JG | Autumn Meeting of The British Society for Surgery of the Hand and Swiss Society of Surgery Of the Hand - Blackpool, UK, 27 - 29 October 1999
- Perforator Based Flaps | Brakewell LM, Khan UD, Miller JG, Spyronis P | Winter Meeting, British Association of Plastic Surgeon - London, UK, 1998
- Release of Carpal Tunnel in Patients on Haemodialysis | Khan UD, Page RE | " A Study of Long Term Outcome" Presentation | Trent Region Audit for Surgery of the Hand (TRASH), 26 June 1998 (
- Day Surgery Unit and Plastic Surgery | Khan UD, Oldfield J | Annual Surgical Trainees Conference | The Royal College of Surgeons - London, UK, June, 23, 1998
- Ulnar Cubital Nerve Syndrome | Khan UD | Plastic and Orthopaedic Meeting Northern General Hospital - Sheffield, UK, October 1997
- Traumatic Aneurysm of the Digital Artery | Khan UD | Plastic and Orthopaedic Meeting | Northern General Hospital - Sheffield, UK, March 1998
- Dupuytren's Disease | Khan U D | Plastic and Orthopaedic Meeting, Northern General Hospital, Sheffield, UK, July 1996
- Fasciotomies in Upper Limb Thermal Injuries | Khan U D | Plastic and Orthopaedic Meeting - Northern General Hospital, Sheffield, UK, April 1999
- Retrospective Study of Management of Perforated Duodenal Ulcer Conservative Non-Operative Management | Yeo S, Khan UD, Gul Y, Shine M F, Lennon F | Peter Freye Meeting - Galway, Ireland, August 1993

#### **QUALIFICATIONS AND REGISTRATIONS**

- F.R.C.S.I. Dublin Feb 1994
- M.B.B.S. Feb 1986 Dow Medical College, Karachi, Pakistan
- Full Registration General Medical Council (GMC) of England No. 4403140
- Pakistan Medical and Dental Council No 11900-S
- Irish Medical Council Temporary Registration Book No. 48561

#### **PROFESSIONAL AFFILIATIONS**

- Fellow Royal Society of Medicine
- Member British Association of Cosmetic Surgeons

#### **PROFESSIONAL ASSOCIATIONS**

- Member Pakistan Association of Plastic Surgeons
- Fellow Royal College of Surgeon
- Member British Association of Cosmetic Surgeon

- Ex-President Dow Graduate Association of Northern Europe

### **CLINICAL AUDIT**

- Effects of Perthes on S.S.G. Donor Area.
- Release of Carpal Tunnel in Patients on Haemodialysis
- Plastic and Reconstructive Procedures in Day Care Surgery Unit
- Ongoing Audit on Type IV Abdominoplasties
- Ongoing Audit on Rhinoplasties
- Outcome of 1,700 Breast Augmentations
- Ongoing Audit on Breast Reduction / Mastopexy Correction using Vertical Scar Bipedicle technique
- Vertical Scar NAC Transposition procedure for simultaneous Breast Augmentation with Mastopexy
- Ongoing Audit on Liposuction: Infiltration v/s Aspiration Ratios in different areas Suctiolipectomy
- Ongoing Audit on Revision surgeries in Augmentation Mammoplasty
- Ongoing Audit on Blepheroplasties

### **PROFESSIONAL ASSOCIATIONS**

- Fellow Royal Society of Medicine
- Member British Association of Cosmetic Surgeons

### **PROFESSIONAL ASSOCIATIONS**

- Present - May 99 | Aesthetic Plastic Surgeon

As an Aesthetic Plastic Surgeon working in the private sector, my work load includes aesthetic procedures such as face Lift, rhinoplasties, breast augmentation, breast reduction, breast uplift, blepheroplasties, browlift, abdominoplasties, liposuction etc. To date I have performed over 4,000 aesthetic surgical procedures.

- April 99 - August 98 | Staff Grade (Locum) Sellyoak Hospital Birmingham

This locum appointment was designed for waiting initiative list, general Plastic Surgical workload including emergency trauma and burns in one of the largest dedicated burns unit of the country. I actively took part in teaching and administrative responsibilities of this university hospital. My primary task was to carry out independent aesthetic procedures. These included breast reduction, breast augmentation, and correction of breast asymmetries, rhinoplasties and dedicated hand trauma sessions.

- 31 July 1998 - May 1995 | Specialist Registrar Department of Plastic Surgery Northern General Hospital Sheffield

Working in this large unit under six consultants, I completed five years of RITA certified training as a Specialist Registrar. I gained extensive experience in aesthetic, burns, and reconstructive procedures. I also obtained experience in free tissue transfer for reconstructive breast surgery, compound fractures of limbs and oro-facial malignancies. My special area of interest was perforator based local flaps for soft tissue cover of

compound limb fractures. I carried out highly scientific research and study of related vascular anatomy and presented my work at national and international levels. This unit has active ITU facilities for burns and skin lab equipped with dedicated staff and facilities for skin culture. As a trainee I was actively involved in research and teaching.

- April 1995 - February 1995 | Registrar (locum) Plastic Surgery St Thomas' and Guy's Hospital London

Guy's Hospital has an active paediatric plastic unit with cleft lip, cleft palate repair and pharyngoplasty forming the main workload. The combined clinics' sessions were held in collaboration with other related specialties. St Thomas' Hospital has a variety of emergency and elective general and aesthetic plastic surgical workload. I also participated in the regular journal club meetings. I also collected and set up a data base of the outcome of Pharyngoplasties for velopharyngeal incompetence. The work was accepted for Royal College of Surgeons in Ireland's meeting in Penang, Malaysia.

- December 1994 - July 1994 | Registrar Plastic Surgery Our Lady's Hospital for Sick Children Crumlin and St James Hospital Dublin

Our Lady's Hospital for Sick Children at Crumlin is the largest paediatric hospital in Ireland with an active plastic and reconstructive unit. This is a tertiary referral centre catering for the entire country. As a registrar at Crumlin Hospital I had considerable experience in acute paediatric burn management along with paediatric limb and digital replantation and cleft surgery. In addition I was on call for St James' Hospital in Dublin, which is a tertiary referral centre for acute limb, facial and burn trauma with dedicated elective aesthetic workload.

- June 1994 - July 1993 | Registrar/ SHO General Surgery International Missionary Hospital Drogheda Eire

Working at this hospital, I had ample opportunities to assist and perform routine general surgical procedures.

- June 1993 - January 1993 | Senior House Officer Plastic Surgery University Hospital Cork Ireland

Cork has an active burn unit, which is a tertiary referral centre. I gained experience in active burn resuscitation, early excision and grafting and with management and rehabilitation of burn, hand and faciomaxillary trauma. I also had an opportunity to actively assist in replantation and free flap procedures. I was also involved in general plastic elective procedures as appropriate. I was an active participant and routine in Journal club meetings, case conferences and other academic activities.

- June 1993 - January 1993 | Senior House Officer Plastic Surgery University Hospital Cork Ireland

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- December 1992 - July 1992 | Senior House Officer General Surgery Bon Secours Hospital Cork Ireland

- June 1992 - January 1992 | Senior House Officer General Surgery Mercy Hospital Cork Ireland

The surgical unit of the Mercy Hospital treats surgical and urological emergencies as well as acute trauma. In this position I have been responsible for the preoperative and postoperative management of both elective and emergency surgical patients, including ICU management. I have assisted a broad spectrum of surgical and urological operations, including laparoscopic procedures, endoscopies, colonoscopies, cystoscopies, exploratory and therapeutic laparotomies, vascular procedures, etc.

- December 1991 - November 1990 | Senior House Officer Accident and Emergency Department Cork Regional Hospital Cork Ireland

This job involved working at the major trauma centre of the south of Ireland, dealing with all categories of emergency situations, including traffic accidents, burns, facial trauma, head injuries, hand trauma and has

one of the highest number of A and E attendance in Ireland.

- July 1991 - Dec 1991 | Senior House Officer Accident and Emergency Cork Regional Hospital Cork Ireland

- November 1990 - June 1991 | Senior House Officer Plastic Surgery Cork Regional Hospital Cork Ireland

- May 1990 - December 1988 | Registrar Department of Plastic and Reconstructive Surgery Dow Medical College & Civil Hospital Pakistan

Working as a Registrar in plastic surgery unit at this hospital I had the opportunity of dealing with acute burns injuries. I also got involved with hand and facial congenital deformities, head, neck and oral malignancies.